

Emergency Action Planning:

Home Events:

When necessary the Athletic trainer will activate the emergency access plan appropriate to each venue and event.

Athletic Trainer present:

- On field assessment of injuries is the sole responsibility of the athletic trainer*
- Covering physician will assist as needed*
- AED (cardiac defibrillator) is located in the sports medicine department, when it is not in intermediate possession of a Ave Maria University athletic trainer*
- Emergency Medical Services (EMS) will be activated via campus security or a member of the Sports Medicine staff.*

Athletic Trainer not present:

- Contact a Ave Maria University Athletic Trainer ASAP with relevant information*
- Apply basic first aid techniques if appropriate*
- Contact campus security to activate EMS (911) if life-threatening or catastrophic injuries are present*

Away Events:

- *Review emergency access plan with host-athletic department prior to events*

Host Athletic Trainer Present:

- Follow emergency access plan of host athletic trainer at the event or venue*
- Apply basic first aid techniques if appropriate*
- *Contact Ave Maria University athletic trainer ASAP with relevant information*

Host Athletic Trainer Not Present:

- *Apply basic first aid techniques if appropriate*
- *Activate EMS (911) if life-threatening or catastrophic injuries are present*
- *Contact Ave Maria University athletic trainer ASAP with relevant information*

Guidelines to use during a serious on field player injury:

- 1. Players and coaches should go to and remain in the bench area once medical assistance arrives. Adequate lines of vision between the medical staffs and the available emergency personnel should be established and maintained.*
- 2. Players, parents and non-authorized personnel should be kept at a significant distance away from the seriously injured player or players.*
- 3. Players or non-medical personnel should not touch, move or roll an injured player.*
- 4. Players should not try to assist a teammate who is lying on the field (i.e., removing the helmet or chinstrap, or attempting to assist breathing by elevating the waist).*
- 5. Player should not pull an injured teammate or opponent from a pile up.*

Once the medical staff begins to work on an injured player, they should be allowed to perform services without interruption or interference.

- 6. Players and coaches should avoid dictating medical services to the athletic trainers or team physicians or taking up their time to perform such services.*

General Guidelines:

Any athlete unable to complete a practice due to injury will be required to obtain clearance from the athletic training staff before returning to play

An injured athlete is still considered a part of the team and is expected to be present for all team functions unless they are receiving treatment due to injury

Comment [CF1]: Need Dept. approval prior to final draft

Athletes are expected to be at practice on time, regardless of their need to see the athletic training staff. Athlete should plan ahead and report to the athletic training room early.

Except in an emergency all athletes must notify the athletic training staff before seeing a doctor for sports related injuries. Proper medical forms must be picked up in advance of your appointment. Athletes must notify the athletic training staff before seeking a “second opinion” for an injury elsewhere.

Upon seeing the doctor for any reason, medical clearance must be signed by that doctor and given to the athletic training staff before you will be allowed to return to participation.

Report all dangerous conditions and/or broken equipment to the coaching staff immediately. Do not use any safety equipment (helmets, pads etc.,) that are not functioning properly or do not fit properly. It is the athlete's responsibility to check their equipment daily.

The athletic training staff may continue to hold out an athlete that has been cleared by a doctor when such action will result in a faster/safer return to competition.

The Sports Medicine room is a medical facility, and should be treated as such. Do not touch or remove any items/materials without permission. Proper behavior, attire, and language will be required at all times.

IMPORTANT TELEPHONE NUMBERS:

DIRECTOR OF SPORTS MEDICINE: CHRIS FERTAL 610-357-4565

SPORTS MEDICINE PHYSICIAN: Dr. Guerra Collier Sports Medicine

HOSPITAL: NORTH COLLIER

ATHLETIC DIRECTOR: BRIAN SCANLAN: 239-280-2483