

AVE MARIA UNIVERSITY

Ave Maria University athletes are students first, and as such are subject to all rules and regulations as outlined in the student handbook, under the supervision of the Dean of Students, Dr. Dan Dentino.

The Athletic Department policy and procedures for drug and alcohol abuse are implemented only if the student is allowed to remain in school on a probationary status as determined by the Dean of Students.

AVE MARIA UNIVERSITY

DRUG EDUCATION AND TESTING POLICY

Overview:

This policy has been approved by Ave Maria University. Ave Maria University reserves the right to amend this policy from time to time as needed.

Substance abuse is one of the most important issues facing athletics and society today. The use of illegal drugs, misuse of legal drugs and supplements, use of performance – enhancing substances, and misuse of alcohol are completely inconsistent with the standards expected of student-athletes at Ave Maria University. The athletic administration and the coaching staff at Ave Maria University are committed to assisting any student-athlete who may have an alcohol or drug abuse problem. As a result, the Athletics Department chooses to take a strong and proactive stand against student-athletes use and/or

involvement with alcohol, performance enhancing substances, including dietary supplements and illicit drugs. Knowing the seriousness of drug abuse and how detrimental it is to an individual's physical and mental well being, our first priority is for the student-athlete's health, safety and welfare. Our goal at Ave Maria University is to provide all student-athlete's a positive, healthy and successful environment.

Every member of the athletic community is responsible for knowing the risks associated with substance use and abuse. Medically and socially, the risks can seriously interfere with an individual's performance both as a student and as an athlete, and can endanger the well being of their teammates. Therefore, student-athletes, coaches, and staff are obligated to know the relevant university policies, federal, state, and local laws and are obligated to conduct themselves in accordance with these policies and laws.

As a result the Athletic Department will be conducting random unannounced drug testing throughout the year. As a student-athlete you will be required to sign an informed consent form. Failure to sign this form prohibits a student-athlete from participating in any intercollegiate sport at Ave Maria University. Upon notice that you have been selected for testing (24 hrs. prior), you will also be required to sign a testing notification form indicating the time and date of the testing. You are required to appear for testing at the date and time specified. Failure to appear will be viewed as a positive test result and university sanctions will be applied. No exceptions.

All drug test results accumulate during the entire time that an individual is a student-athlete at Ave Maria University. Any student-athlete who tests positive for a banned substance (see handout) as described in this policy shall be subject to the following sanctions:

First Offense:

The student-athlete shall be suspended immediately from competition for a minimum of 50% of regularly scheduled contests, conference and postseason contest in all sports. If the student-athlete competes in multiple sports, the 50% penalty will apply separately for each sport. If the suspension imposed may not be completed during the current academic year, the suspension will rollover to the following academic year. The student-athlete will be required to participate in follow up drug testing at no charge to the university. If testing is required over the summer months, the athlete shall be required to have such testing performed at a clinic, lab, or hospital, and all results will be required to be sent directly to a designated university official. The university will not be responsible for the costs incurred of such testing. All tests will be kept confidential. Other

sanctions may also be applied on a case by case basis.

Second Offense:

If a student-athlete tests positive a second time for street drugs or other illicit substances, he or she shall be permanently suspended from competition for the remainder of the student-athletes eligibility at Ave Maria University. The student-athlete shall be informed of his/her permanent suspension via letter from the Athletics Director sent certified mail.

This policy shall be effective immediately. Ave Maria University reserves the right to amend this policy as deemed necessary.

Ave Maria University Athletics
Drug Education & Testing Program
Student Athlete Consent Form

As a condition to my participation in intercollegiate athletics at Ave Maria University, I consent to participate in the Drug Education & Testing Program. I understand that my participation in this program includes the collection and testing of my urine at various times during the academic year for drugs, alcohol, and/or other banned substances.

I further consent to the release of the results of any drug test to the Director of

Athletics or his/her designee, my Head Coach, the Head Athletic Trainer and/or Assistant Athletic Trainers, Team Physician, Parents or Guardians. To the extent set forth in this document, I waive any privilege I may have in connection with such information.

I fully understand that the Ave Maria University Drug Education & Testing Program is separate and distinct from any other drug testing program and its sanctions; however, I also understand that sanctions may be imposed by Ave Maria University under its Drug Education & Testing Program upon a positive result.

Ave Maria University, its officers, employees, and agents are hereby released from legal responsibility and/or liability for the release of any information and/or record as authorized by this consent form. I fully and forever release and discharge the aforementioned parties from any claims, demands, rights of action, present and future, whether the same be known or unknown, anticipated or unanticipated, resulting from my participation in Ave Maria University's Drug Education & Testing Program including those claims, demands, rights of action, or causes of action arising out of any positive result under such Drug Education & Testing Program.

Student-Athlete Signature

Date

Printed Name

DOB

Sport/Sports

AVE MARIA UNIVERSITY

BANNED DRUG LIST

Ave Maria University has banned the following classes of drugs:

- Stimulants
- Anabolic Agents
- Beta Blockers
- Diuretics and other masking agents
- Street Drugs
- Peptide Hormones and Analogues
- Anti-estrogens
- Beta-2 Agonists

Note: Any substance chemically related to these classes is also banned. The student-athlete shall be held accountable for all drugs within the banned drug class regardless of whether they have been specifically identified.

Nutritional/Dietary Supplement Warning:

- Dietary supplements are not well regulated and may cause a positive drug test result
- Student-athletes have tested positive and lost their eligibility using dietary supplements
- Many dietary supplements are contaminated with banned drugs not listed on the label
- Any product containing a dietary supplement ingredient is taken at your own risk

Examples of Banned Substances in each class

Note: There is no complete list of banned drug examples!!

Stimulants: amphetamine (Adderall), cocaine, ephedrine, fenfluramine (Fen), methamphetamine, methylphenidate (Ritalin), phentermine (Phen), synephrine (bitter orange), etc.

- **Exception:** phenylephrine and pseudoephedrine are not banned

Anabolic Agents: boldenone, clenbuterol, DHEA, nandrolone, stanozolol, testosterone, methasterone, androstenedione, methandienone, trenbolone, etc.

Beta Blockers: atenolol, metoprolol, nadolol, pindolol, propranolol, tikolol, etc.

Diuretics and Other Masking Agents: bumetanide, chlorothiazide, furosemide, hydrochlorothiazide, probenecid, spironolactone, trimeterene, etc.

Street Drugs: heroin, marijuana, tetrahydrocannabinol (THC), etc.

Peptide Hormones and Analogues: human growth hormone (HGH), human chorionic gonadotropin (HCG), erythropoietin (EPO), etc.

Anti-Estrogens: anastrozole, clomiphene, tamoxifen, formestane, etc.

Beta-2 Agonists: bambuterol, formoterol, salbutamol, salmeterol, etc.

Any substance that is chemically related to the class of banned drugs, unless otherwise noted, is also banned!